

HOUSEHOLD ISOLATION EXAMPLES

CASE A: HOUSEHOLD ISOLATION - 1st person symptomatic then negative

Day	Person 1	Person 2	Person 3	Person 4
1	Unwell, goes for test	Asymptomatic	Asymptomatic	Asymptomatic
2				
3	Test negative, all end self-isolation			

CASE B: HOUSEHOLD ISOLATION - 1st person and later cases positive

Day	Person 1	Person 2	Person 3	Person 4			
1	Becomes unwell and starts 10-day self-isolation, and 14 days for the rest of the household. Later tests positive	Asymptomatic	Asymptomatic	Asymptomatic			
2							
3		Becomes unwell and starts 10-day self-isolation (later tests positive)			Asymptomatic	Asymptomatic	
4							
5							
6							
7							
8							
9							
10							
11	Isolation ends	Isolation ends	Asymptomatic	Asymptomatic			
12							
13							
14							
15		Isolation ends			Asymptomatic	Asymptomatic	
16							
17							
18							
19							
20							
21							
22							
23				Isolation ends			

CASE C: HOUSEHOLD ISOLATION - 1st case negative, later cases positive

Day	Unwell, goes for test	Asymptomatic	Asymptomatic	Asymptomatic
1	Unwell, goes for test	Asymptomatic	Asymptomatic	Asymptomatic
2	Test negative but still in self-isolation due to a second symptomatic case whose results arrive later	Unwell, goes for test	Asymptomatic	Asymptomatic
3	Test negative but still in self-isolation due to a second symptomatic case whose results arrive later	Test negative but still in self-isolation due to a third symptomatic case whose results arrive later	Unwell, goes for test	Asymptomatic
4			Tests positive, starts 10-day self-isolation, rest of household start 14 days from this person's earliest symptoms or test	
5				
6				
7				
8				
9				
10				
11				
12				
13	Isolation ends	Isolation ends		
14	Isolation ends			
15				
16				
17			Isolation ends	Isolation ends

CASE D: HOUSEHOLD ISOLATION - One person notified by NHS Track & Trace

Day	Person 1	Person 2	Person 3	Person 4
1	Contacted by NHS Test and Trace (or the OU system, which is linked) and told to self-isolate as a "close contact of a positive case". Must self-isolate for a full 14 days even if asymptomatic and testing negative	None of the rest of the household need to self-isolate unless they or the person originally contacted get symptoms or a positive test. If that happens, look to cases B and C for what to do.		
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15	Isolation ends			