## College Menus

## September

## 2020

AT OXFORD

## How to order

- Breakfast - Delivered between 7.30am and 8.30am
- Lunch - Delivered between 12.00 pm and 1.00 pm
- Dinner - Delivered between 5pm and 6 pm

Please let us know your meat or vegetarian choice on the order form

## Notes:

- Charges will be added to your College Battels.
- All food will be delivered in disposable containers with disposable cutlery Please let us know if this is not required.
- All dietary requirements will be handled on a case by case basis - please put these in the box on the order form.
- Drop offs will be delivered to the Broad Street or Holywell Manor Lodge. If you are in isolation you will need to arrange someone to deliver this to your door.


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## Prices:



Breakfast - $£ 4.50$ per person
Lunch - $£ 4.50$ per person
Dinner $£ 6.00$ per person

## Snack box $£ 3.50$ per person

Please note VAT will be added at the standard rate.
Delivery is included in the pricing

- Order forms (in the final pages of this pack) are to be submitted as follows:

For delivery on Saturday or Monday, by 11am the previous Wednesday For delivery on Sunday or Tuesday, by 11am the previous Thursday
For delivery on Wednesday, by 11am the previous Friday
For delivery on Thursday, by 11am the previous Monday
For delivery on Friday, by 11am the previous Tuesday

- This is a chargeable service. Charges will be added to student battels
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Week 1 - 31 $^{\text {st }}$ August $\mathbf{- 6}^{\text {th }}$ September

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Croissant, Honey \& granola yoghurt pot, Piece of fresh fruit | Pain au chocolat, Yoghurt pot topped with fruit compote, Piece of fresh fruit | Maple \& pecan plait, Strawberry yoghurt pot, Piece of fresh fruit | Croissant, Honey \& granola yoghurt pot, Piece of fresh fruit | Pain au chocolat, Yoghurt pot topped with fruit compote, Piece of fresh fruit | Maple \& pecan plait, Strawberry yoghurt pot, Piece of fresh fruit | Croissant, Honey \& granola yoghurt pot, Piece of fresh fruit |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Bottled water | Bottled water | Bottled water | Bottled water | Bottled water | Bottled water | Bottled water |
| Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit |
| Meat option | Meat option | Meat option | Meat option | Meat option | Meat option | Meat option |
| Chicken \& bacon Caesar salad | B.L.T sandwich on malted wheat bread | Harrisa chicken salad baguette | Beef , horseradish mayo \& tomato sandwich on white bread | Tuna \& sweet potato leafy salad | Hoi sin duck wrap | Ham, cheese \& wholegrain mustard sandwich on malted wheat bread |
| Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option |
| Chickpea, feta \& grainy salad | Egg mayonnaise \& watercress sandwich on malted wheat bread | Somerset brie, tomato \& pesto baguette | Cheddar, apple \& date coleslaw sandwich on white bread | Mozzarella, orzo \& pesto salad | Super greens wholemeal wrap (ve) | Two cheese \& spring onion sandwich on malted wheat bread |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Meat option | Meat option | Meat option | Meat option | Meat option | Meat option | Meat option |
| Moroccan chicken tagine with spicy cous cous | Moroccan spiced pork shoulder, coconut \& borlotti bean stew with cous cous | Lamb keema indian inspired wrap with onion bhajis | Thai green vegetable \& chicken curry with jasmine rice | Beef \& bean chilli with herbed rice | Minted lemon pork escalope with green beans \& potatoes | Rosemary roast chicken leg with roast potatoes \& vegetables |
| Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option |
| Squash, pepper \& aubergine tagine with spicy cous cous (ve) | Thai green vegetable \& chickpea curry with rice (ve) | Butternut squash, spinach \& panner indian inspired wrap with onion bhajis | Thai red tofu \& vegetable curry with jasmine rice (ve) | Vegetable \& five bean chilli with herbed rice (ve) | Plant based hoisin stir fry with vermicelli noodles (ve) | Rosemary roasted artichoke \& vegetables with roast potatoes (ve) |
| Dessert | Dessert | Dessert | Dessert | Dessert | Dessert | Dessert |
| Chocolate brownie | New York cheesecake | Tart au Citron | Carrot cake | Chocolate fudge cake | Lemon meringue slice | Victoria sponge |

Week $2-7^{\text {th }}-13^{\text {th }}$ September

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | SUNDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Croissant, Honey \& granola yoghurt pot, Piece of fresh fruit | Pain au chocolat, Yoghurt pot topped with fruit compote, Piece of fresh fruit | Maple \& pecan plait, Strawberry yoghurt pot, Piece of fresh fruit | Croissant, Honey \& granola yoghurt pot, Piece of fresh fruit | Pain au chocolat, Yoghurt pot topped with fruit compote, Piece of fresh fruit | Maple \& pecan plait, Strawberry yoghurt pot, Piece of fresh fruit | Croissant, Honey \& granola yoghurt pot, Piece of fresh fruit |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Bottled water | Bottled water | Bottled water | Bottled water | Bottled water | Bottled water | Bottled water |
| Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit | Mixed pot of cut seasonal fruit |
| Meat option | Meat option | Meat option | Meat option | Meat option | Meat option | Meat option |
| Cajun chicken and rocket sandwich on white bread | Moroccan spiced turkey \& bulgur wheat salad | Bacon, brie \& tomato chutney sourdough baguette | Coronation salad with madras spiced chicken \& roasted carrots | Tuna mayo, cucumber \& watercress sandwich on malted wheat bread | Sweet chilli chicken \& spinach wrap | Ham, coleslaw \& mixed leaves sandwich on white bread |
| Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option |
| Cheddar ploughmans sandwich on white bread | Roasted pepper, onion, aubergine \& courgette pasta with tomato dressing | Falafel \& beetroot slaw sourdough baguette | Coronation salad with madras spiced tofu \& roasted carrots (ve) | Humous, roasted peppers \& rocket on malted wheat bread | Maple butternut squash, red onion \& spinach wrap | Cheddar, sun blushed tomato \& onion sandwich on white bread |
| Dinner | Dinner | Dinner | Dinner | Dinner | Dinner | Dinner |
| Meat option | Meat option | Meat option | Meat option | Meat option | Meat option | Meat option |
| Pork Pad Thai with vegetable samosas | Italian sausage, pepper \& olive frittata with roasted vegetables \& coriander cous cous | Chicken tikka masala with herbed rice | Korean inspired BBQ pork miso bowl with dim sum | Lincolnshire sausages, mashed potatoes \& onion gravy | Pang nua beef with coriander rice | Rosemary roast chicken leg with roast potatoes \& vegetables |
| Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option | Vegetarian option |
| Tofu pad Thai with vegetable samosas (ve) | Tomato, cheese \& olive frittata with roasted vegetables \& coriander cous cous | Cajun vegetable \& bean burrito with herbed rice (ve) | Teriyaki glazed tofu miso bowl with dim sum (ve) | Cap Cai Indonesian vegetable \& tofu stirfry with sweet chilli \& coriander noodles (ve) | Mushroom stroganoff with coriander rice | Pomodoro \& vegan parmesan penne pasta (ve) |
| Dessert | Dessert | Dessert | Dessert | Dessert | Dessert | Dessert |
| Chocolate brownie | New York cheesecake | Tart au citron | Carrot cake | Chocolate fudge cake | Lemon meringue slice | Victoria sponge |

