

## Balliol College Rugby

Hello Freshers!

We know your Freshers' week will be jam-packed with things to do and see, but I am going to add one more thing into the mix, rugby! The Balliol Lions RFC will be holding a **mixed touch rugby session on Friday at 2:30pm**.

**Any player of any standard is welcome.** Balliol rugby is known for being very sociable and inclusive and I would encourage as many of you as possible to come along. Whether you've never played before and want to give it a go, or you played through school and want to carry on, you're all welcome. Not only do you get to play some rugby (fun), you get to have a hangover-busting run-around in the park!

The men's first fixture of the season is a **small rugby tournament at Trinity's Sports Ground on Saturday of 0th week** (we'll all get taxis there together so don't worry about getting lost). If you want to play in this fixture, I strongly recommend that you come to the touch session and we'll do a little extra stuff.

While the main focus of the tournament is fun, it's also a good chance to play and win some rugby early on to get our season off to a flying start. If you don't want to play, come and watch, it should be fun! There's a BBQ running all the time at the tournament if you get bored/hungry, and the rugby should be fun and open.

Even if you've never played before and are nervous about playing, please come along – lots of people are in the same position as you, and in the past people have picked it up and become invaluable team members, as long as you try you're almost guaranteed to play. If you want to give it a week or two before you play that's fine too, just drop me an email (look below) and we'll work it out.

While the first two terms are geared towards the men's 15-aside game, in Trinity term (3<sup>rd</sup> term) there is a **weekly mixed touch tournament** which gives an excellent opportunity for women to get involved in the club in a fun and relaxed atmosphere.

I hope to see as many of you during 0th week as possible. If you have any questions about Balliol rugby, Balliol in general, or anything in between, then please feel free to email me!

I look forward to meeting you soon,

Duncan Shepherd (Balliol Lions RFC Captain 2013-14)

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