To all New Students

VERY IMPORTANT HEALTH INFORMATION – IMMUNISATION

This letter lets you know about the immunisations you need before coming to University. We **strongly recommend** that you receive the three listed immunisations below **before** you arrive in Oxford, if you have not already received them. They are free on the National Health Service (NHS).

<table>
<thead>
<tr>
<th>Immunisations required for all students coming to University:</th>
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<tbody>
<tr>
<td>✓ MMR 1</td>
</tr>
<tr>
<td>✓ MMR 2</td>
</tr>
<tr>
<td>✓ Meningococcal Group C</td>
</tr>
</tbody>
</table>

If you have any queries about immunisation, please see the websites listed below under further information, or contact your doctor if you have specific queries.

When you register with the General Physician (GP) in Oxford who is linked with your college (often referred to as the college doctor), or any other doctor in Oxford, you should inform them of the dates of your immunisations, or ask to arrange for them if you still need to receive them.

At the end of this letter is a table which you might find it helpful to complete and give to your college doctor when you register, to show when you received your immunisations.

Information on college doctors and nurses is available at [http://www.ox.ac.uk/students/welfare/health/doctors](http://www.ox.ac.uk/students/welfare/health/doctors).

**FURTHER INFORMATION: MEASLES, MUMPS AND RUBELLA (MMR)**

Measles and mumps are circulating in the general UK population, particularly among young people, and as you will have seen in the media in the past few years, the increase in the number of measles cases has become a cause of some concern. Several outbreaks of mumps have occurred at both universities in Oxford and, year-on-year, the number of cases continues to be significant.

If you are not certain that you have received 2 MMR immunisations (this does not include the MR vaccine), then in line with national policy, we recommend that these are received before arriving at University. They can be received a month apart. It is **strongly recommended** that you are immunised before arriving at university.

Further information on measles, mumps and rubella, and immunisation against them, is available at the NHS Choices website:

[http://www.nhs.uk/conditions/measles/Pages/Introduction.aspx](http://www.nhs.uk/conditions/measles/Pages/Introduction.aspx)

[http://www.nhs.uk/conditions/mumps/Pages/Introduction.aspx](http://www.nhs.uk/conditions/mumps/Pages/Introduction.aspx)
http://www.nhs.uk/conditions/rubella/Pages/Introduction.aspx

FURTHER INFORMATION: MENINGITIS C (MENINGOCOCCAL DISEASE)

Meningitis C can be fatal, but can be prevented by immunisation. National policy is that any individual attending university who has not already been immunised, irrespective of age, should be immunised against Meningitis C **before they enrol or as soon as possible thereafter.**

Further information on meningitis and Meningitis C immunisation is available at the NHS Choices website:
http://www.nhs.uk/conditions/Meningitis/Pages/Introduction.aspx
http://www.nhs.uk/Conditions/vaccinations/Pages/men-c-vaccine.aspx

Please note that Meningitis C is not the same condition as encephalitis, against which students from some countries might have been immunised. If you have been immunised against any form of encephalitis, you will still need to be immunised against Meningitis C.

Yours faithfully

Dr John Nightingale
(Chair of the University of Oxford’s Sub-committee on Student Health and Welfare)

Dr Laurence Leaver
(Secretary of the Association of College Doctors)

Table showing immunisations which you have received:

<table>
<thead>
<tr>
<th>Immunisation</th>
<th>Have you received it? (Yes/No)</th>
<th>Date when you received it</th>
</tr>
</thead>
<tbody>
<tr>
<td>MMR 1</td>
<td></td>
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