

Balliol College Rugby

Hi Balliol Freshers,

The Balliol Lions RFC will be holding some fitness, training and mixed touch rugby sessions during 0th week (freshers' week). We would like to invite any players to come along to these sessions and we shall let you know days and times at the beginning of 0th week.

Any player of any standard is welcome. Balliol rugby is known for being very sociable and inclusive and I would encourage as many of you as possible to come along. While the training is geared towards the men's 15-aside season, the **mixed touch sessions** provide an excellent opportunity for women to get involved in the club in a fun and relaxed atmosphere. All freshers should come along to the mixed touch sessions as they are a great opportunity to have a good run around in the University Parks.

The men's first match of the season is a warm-up game against local rivals Trinity at the end of 0th week (again, details of the match will be given at the beginning of 0th week). If you want to play in this match, I strongly recommend that you come to the sessions put on.

This match is a must-see encounter as we try to extend our winning streak against the auld enemy. We hope lots of you come down to watch. Matches are always good spectacles and it makes it a lot easier for the players on the pitch if they have more support off it.

I would like to stress that players of all standards are welcome. There are no formal trials or anything like that. If, for whatever reason, you can't start playing right away, drop me an email and you are more than welcome to start getting involved with the club at any point during the year (I couldn't play the first few matches due to external commitments).

I hope to see as many of you during 0th week as possible.

If you have any questions about Balliol rugby or generally, then please feel free to email me at ben.brooks@balliol.ox.ac.uk or the club presidents at jack.cox@balliol.ox.ac.uk or edward.brunet@balliol.ox.ac.uk and feel free to join our Facebook page at <https://www.facebook.com/group.php?gid=107275383098>.

Cheers,

Ben Brooks (Balliol Lions RFC Captain '11-'12)